

Educaterers Lunch Menu Week 3

Coventry and Warwickshire: 27/3, 17/4, 8/5, 19/6 and 10/7 Leicestershire: 27/3, 17/4, 8/5, 19/6, 10/7

Oxfordshire: 27/3, 17/4, 8/5, 19/6 and 10/7

Monday **Jacket Potatoes Every Day**



Pork Meatballs SB. SU Tuesday

Sweet & Sour Chicken G.

Roast Beef in Gravy, York Pud D.E.G

Thursday

Wednesday



or

(vg) Sticky BBQ Quorn Fillet G.

(v) Cheese & Tomato

Pizza G.D.

(v) Veggie Toad

in the Hole D.E.G.



(v) Cheese/Beans D



or



(v) Cheese D.









Tuna Mayonnaise F.E.



Wednesday

Tuesday

(v) Homemade Fruit Crumble G. with Custard D.

(v) Swirly Strawberry Mousse D. (vg) Homemade Orange Cookie G.

Week 3 Dessert Menu

or fresh fruit as alternative dessert options

(vg) Homemade Chocolate Cracknel

Every day we offer: (v) Yoghurt, (D.)

Thursday

(vg) Homemade Flapjack G. with Fruit Wedges

Friday

(v) Dinky Donuts G.SB.D.E. with Chocolate Sauce SB. (v) Ice Cream Tub D.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

Key

vg = vegan

G = Gluten/Wheat F = Fish

D = Dairy N = Coconut/Nuts

M = Mustard



readed Fish Fillet Fingers F.











V = vegetarian

S = Sesame E = Egg

SB = Soya SU = Sulphites



